Quality Service

Volunteers welcome you as soon as you arrive to the consultation.

They weigh and measure your baby, while making sure the consultation runs smoothly.

They ensure that it represents a real moment of exchange and relaxation by offering to you and your child a series of activities (conversation hours, playing sessions, reading sessions, psychomotor sessions, baby massage...).



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PUBLISHER

DSDE0626 EN

ONE.be



A consultation for children near you...

To know the address and times of a consultation for children closest to you, go to www.one.be or call the ONE subregional administration of your province.

Central Administration: 02 542 12 11 - info@one.be

Brussels: 02 511 47 51 - asr.bruxelles@one.be

Walloon Brabant : 02 656 08 90 - asr.brabant.wallon@one.be

Hainaut : 065 39 96 60 - asr.hainaut@one.be Liège : 04 344 94 94 - asr.liege@one.be

Luxembourg: 061 23 99 60 - asr.luxembourg@one.be

Namur: 081 72 36 00 - asr.namur@one.be



Chaussée de Charleroi 95 - 1060 Bruxelle Tél : 02 542 12 11 / Fax : 02 542 12 51 info@one.be - one.be











CONSULTATION FOR CHILDREN

QUESTIONS ABOUT YOUR CHILD?



What follow-up care should I choose for my child?
How should I supplement his/her development?
Is his/her diet appropriate for his/her age?
When should he/she be vaccinated?



Follow-up care for your child

Quality medical examinations to follow the healthy development of your child.

- → According to a specific timeline, at important moments in your child's life :
 - 15 examinations from 0 to 3 years
 - 3 examinations from 4 to 6 years
- → A doctor and an ONE medical social worker are at your service, by appointment, to examine and vaccinate your child, to weigh him/her, measure him/her, and observe his/her general development, also to listen to and answer your questions and give you advice...

Proposed timeline of examinations:

Unless there are any articular difficulties our child will be see at the age of

15 days

1 month
1,5 months
2 months
3 months

4 months

5 months

9 - 10 months

14 - 15 months

18 months

2 years

2,5 years
3 years

4 years

5 - 6 years

public organization within the competition of the Federation

Preventive capacity



The examinations conducted at ONE clinics are only *PREVENTATIVE*.

They do not replace a medical checkup by an attending physician.

In order to ensure that your child receives the best care when he/she is sick, schedule a meeting at ONE for prevention monitoring and at his/her attending physician's office (pediatrician or general practitioner).

Listening and providing support

The ONE medical social worker is available to:

- → Accompany you in the discovery of your role as a parent and take on, with you, your different duties: breastfeeding, sleeping, safety, anger, and all stages of development...
- → Meet you at your home, during an appointment taken at the clinic, and/or during clinic hours.
- \rightarrow Inform you about activities organized by the consultation :
 - Conversation hour (where mothers and children can come and interact with one another)
 - Playing sessions
 - Reading sessions
 - Psychomotor sessions

